

The Byler Bulletin

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Hazard Highlight: Resetting Your Mindset

Happy New Year!! We all have so much to look forward to this year, but sometimes coming back to our regular routine after the holidays can be challenging. After having days off, breaks from our usual routine and spending more time at home, returning to the workplace can be mentally draining and even pose some hazards.

There are several steps that can be taken to make returning to work easier and safer.

1. **Establish and maintain a rest and wake routine.** When we are out of work for holidays, sleep patterns, meals, etc. tend to become more lax. When returning to work, make it a point to re-establish your night time routine and get in bed at a time that will allow you ample sleep for the night. Being well rested contributes to you being more alert throughout the day. Make sure your alarm is set for the morning to give you plenty of time to get ready and arrive at work.
2. **Reassess your work place.** When returning after holidays many things can have changed or moved in your absence. This can be physical changes such as locations of equipment or tools or egress points to work areas or it can be administrative changes such as permit requirements or new COVID safety requirements. Take the time to make yourself familiar with any changes that have occurred on the job site and make sure you have a plan to incorporate them into your daily routine.
3. **Stay alert to avoid complacency.** Make a conscious effort to be aware of the tasks that you are completing and the work that is being executed. It gets very easy to complete tasks that we routinely do without really thinking about what we are doing. When we are not fully engaged in our work and thinking through the tasks we are executing our risk for incident and/or injury increases exponentially.



From our leaders...

Communication is key! No matter how big or small the issue/concern/situation is, it matters. Communication is an across the board item and goes for all personnel, regardless of what position or role you play in this company. With proper communication job sites run safer, smoother, and faster. When communicating we need to speak clearly and directly to ensure our message is received. But remember the most important part of communication is listening.

- Donnie Snider,
Project Manager

A safety celebration was held for the UP Major project for their outstanding safety performance and dedication to a strong safety culture.



WT Byler was proud to be the vest sponsor for the Concordia Lutheran High School Shot Gun Team. Jayden Schoppe, a member of the team, is the daughter of Thomas Schoppe, the WT Byler Railroad Division Manager.

Projects getting started

- Vulcan Medina
- Big Sandy
- BCEP Detention Ponds
- Terrell
- Rail Logistics Drive Track
- Lhoist La Porte Asphalt
- Stepan
- KCS Laredo West Three Mains
- CenterPoint Blue Station



Bill Byler and Rick Johnson spoke at the breakfast held for the Shop Employees. Our shop employees are the superstars that keep take care of our owned equipment fleet and assure all machines are in top shape for project execution.



HAPPY NEW YEAR



WT Byler railroad crews assist Union Pacific Railroad with the installation of #20 Turnouts on the mainline at the Crosby-Dayton Railroad Project.

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The San Antonio Railroad Maintenance office held an appreciation dinner in December for employees working out of this office.



Zero Accidents is Our Goal!